



2026

思維靜院

2026年

活動年表

一月 January				二月 February				三月 March				四月 April				五月 May				六月 June			
1	Thu	元旦 New Year's Day		1	Sun			1	Sun	黃錦文神父		1	Wed	八天個別指導避靜		1	Fri	勞動節 Labour Day	1	Mon			
2	Fri			2	Mon	祈禱工作坊		2	Mon			2	Thu	Eight Day		2	Sat			2	Tue		
3	Sat		慕道者靈修週末	3	Tue	1-4 Feb		3	Tue			3	Fri	Individual Guided		3	Sun	八天個別指導避靜		3	Wed		
4	Sun	徐立人神父		4	Wed			4	Wed			4	Sat	Retreat		4	Mon	Eight Day		4	Thu		
5	Mon			5	Thu			5	Thu			5	Sun	30 Mar - 7 Apr		5	Tue	Individual Guided		5	Fri	祈禱工作坊	
6	Tue			6	Fri			6	Fri			6	Mon	清明節翌日 The Day Following Ching Ming Festival		6	Wed	Retreat		6	Sat	4-7 Jun	
7	Wed			7	Sat		慕道者靈修週末	7	Sat		慕道者靈修週末	7	Tue	復活節星期一翌日 The Day Following Easter Monday		7	Thu	1-9 May		7	Sun		
8	Thu			8	Sun			8	Sun	繆筆施修女		8	Wed			8	Wed			8	Mon		
9	Fri			9	Mon			9	Mon	祈禱工作坊		9	Thu			9	Sat			9	Tue		
10	Sat		慕道者靈修週末	10	Tue			10	Tue	8-11 Mar		10	Fri			10	Sun			10	Wed		
11	Sun	黃美兒修女		11	Wed			11	Wed			11	Sat	初嚐「靜」與「在」		11	Mon			11	Thu		
12	Mon			12	Thu			12	Thu			12	Sun	10-12 Apr		12	Tue			12	Fri		
13	Tue			13	Fri			13	Fri			13	Mon			13	Wed			13	Sat		
14	Wed			14	Sat			14	Sat	生態靈修工作坊		14	Tue			14	Thu			14	Sun		
15	Thu			15	Sun	休息		15	Sun	13-15 Mar		15	Wed			15	Fri			15	Mon	依納爵靈修基礎培育(春季)	
16	Fri			16	Mon	House Closed		16	Mon			16	Thu			16	Sat			16	Tue	14-16 Jun	
17	Sat	生態靈修工作坊		17	Tue	農曆年初一 Lunar New Year		17	Tue			17	Fri			17	Sun			17	Wed		
18	Sun			18	Wed	農曆年初二 2nd Day of LNY		18	Wed			18	Sat			18	Mon	依納爵靈修基礎培育(春季)		18	Thu		
19	Mon			19	Thu	農曆年初三 3rd Day of LNY		19	Thu			19	Sun			19	Tue	17-19 May		19	Fri		
20	Tue	裝修		20	Fri			20	Fri			20	Mon	依納爵靈修基礎培育(春季)		20	Wed			20	Sat		
21	Wed	House Closed		21	Sat			21	Sat			21	Tue	19-21 Apr		21	Thu			21	Sun		
22	Thu	for Renovation		22	Sun			22	Sun			22	Wed			22	Fri			22	Mon	裝修	
23	Fri			23	Mon	依納爵靈修基礎培育(春季)		23	Mon	依納爵靈修基礎培育(春季)		23	Thu			23	Sat			23	Tue	House Closed	
24	Sat			24	Tue	22-24 Feb		24	Tue	22-24 Mar		24	Fri			24	Sun			24	Wed	for Renovation	
25	Sun			25	Wed			25	Wed			25	Sat			25	Mon			25	Thu		
26	Mon			26	Thu			26	Thu			26	Sun			26	Tue			26	Fri		
27	Tue			27	Fri			27	Fri			27	Mon			27	Wed			27	Sat		
28	Wed			28	Sat		慕道者靈修週末	28	Sat			28	Tue			28	Thu			28	Sun		
29	Thu							29	Sun			29	Wed			29	Fri			29	Mon		
30	Fri							30	Mon			30	Thu			30	Sat			30	Tue		
31	Sat							31	Tue							31	Sun						

思維靜院依納爵靈修中心

Xavier House Ignatian Spirituality Centre

除上述活動外，歡迎個人或團體到本院作避靜 Besides the above events, individual and communal retreats are also welcome.

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Xavier House 2026

Calendar of Event



2026

七月 July	八月 August	九月 September	十月 October	十一月 November	十二月 December
1 Wed 香港特別行政區成立紀念日 HKSAR Establishment Day	1 Sat	1 Tue	1 Thu 國慶日 National Day	1 Sun 30Oct - 1Nov	1 Tue
2 Thu	2 Sun	2 Wed 八天個別指導避靜	2 Fri 八天個別指導避靜	2 Mon	2 Wed
3 Fri	3 Mon	3 Thu Eight Day	3 Sat Eight Day	3 Tue	3 Thu
4 Sat 八天個別指導避靜	4 Tue	4 Fri Individual Guided	4 Sun Individual Guided	4 Wed	4 Fri
5 Sun Eight Day	5 Wed	5 Sat Retreat	5 Mon Retreat	5 Thu	5 Sat
6 Mon Individual Guided	6 Thu	6 Sun 31 Aug - 8 Sep	6 Tue 30 Sep - 8 Oct	6 Fri	6 Sun 八天個別指導避靜
7 Tue Retreat	7 Fri	7 Mon	7 Wed	7 Sat	7 Mon Eight Day
8 Wed 2-10 Jul	8 Sat 依納爵靈修基礎培育(秋季)	8 Tue	8 Thu	8 Sun	8 Tue Individual Guided
9 Thu	9 Sun 7-9 Aug	9 Wed	9 Fri	9 Mon 祈禱工作坊	9 Wed Retreat
10 Fri	10 Mon	10 Thu	10 Sat 男士避靜	10 Tue 8-11 Nov	10 Thu 4-12 Dec
11 Sat	11 Tue	11 Fri	11 Sun 9-11 Oct	11 Wed	11 Fri
12 Sun	12 Wed	12 Sat 依納爵靈修基礎培育(秋季)	12 Mon	12 Thu	12 Sat
13 Mon	13 Thu	13 Sun 11-13 Sep	13 Tue	13 Fri	13 Sun
14 Tue	14 Fri	14 Mon	14 Wed	14 Sat 依納爵靈修基礎培育(秋季)	14 Mon
15 Wed	15 Sat	15 Tue	15 Thu	15 Sun 13-15 Nov	15 Tue
16 Thu	16 Sun	16 Wed 裝修	16 Fri	16 Mon	16 Wed
17 Fri	17 Mon	17 Thu House Closed	17 Sat 依納爵靈修基礎培育(秋季)	17 Tue	17 Thu
18 Sat	18 Tue	18 Fri for Renovation	18 Sun 16-18 Oct	18 Wed	18 Fri
19 Sun	19 Wed	19 Sat	19 Mon 重陽節翌日 The Day Following Chung Yeung Festival	19 Thu	19 Sat 依納爵靈修基礎培育(秋季)
20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun 18-20 Dec
21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon
22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue
23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed
24 Fri 祈禱工作坊	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu
25 Sat 23-26 Jul	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri 聖誕節 Christmas Day
26 Sun	26 Wed	26 Sat 中秋節翌日 The Day Following Mid-Autumn Festival	26 Mon 祈禱工作坊	26 Thu	26 Sat 聖誕節後第一個周日 The First Weekday after Christmas Day
27 Mon	27 Thu	27 Sun	27 Tue 25-28 Oct	27 Fri	27 Sun
28 Tue 八天個別指導避靜	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon
29 Wed Eight Day Individual	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue
30 Thu Guided Retreat	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed 除夕感恩避靜
31 Fri 27 Jul - 4 Aug	31 Mon		31 Sat 初嚐「靜」與「在」		31 Thu 30Dec - 1Jan2027